



FCJ PRIMARY SCHOOL

Res Non Verba

Autumn/2021

Jersey Marathon Mile



On Sunday 3rd October over 100 FCJ children and parents took part in the Marathon Mile.

We were blessed with glorious weather for everyone to participate in this event. It started at the Weighbridge and went around the streets of St Helier for one mile. It was so lovely to see all the children and adults thoroughly enjoy this event. The day was a huge success and we are already looking forward to next year!

More on page 11 to 21

Companionship



Companionship is an all pervading quality present when we work together in an atmosphere of support and love. The dignity of each person is recognised as that of a human being made in the image of God. Everyone is genuinely listened to and what they say is heard. Companionship is breaking the bread of life together as we live God's dream for each one of us more fully. Together we learn; we pray; we laugh and cry.

Great Fun on our first few weeks in Pre-school!

All of the Pre-School children have settled in so well and we are very proud of each and every one of them. They have had great fun getting to know each other and learning all about being part of our FCJ school family. They have been outside enjoying our wonderful outside area playing on the bikes and making dens! Pre-School have been learning all about Autumn and mini beasts! We are looking forward to a wonderful year ahead.



FCJ Primary School

Our hope and expectation is that, through God's grace working in us all, each young person grows into their best self,

with zest for life and the generosity and confidence to use their talents and gifts for the service of others.





Autumn in Reception

Reception have been learning all about the season of Autumn. They went on an autumn walk to explore the awe and wonder of God's amazing creation all around. During the walk they collected lots of signs of Autumn and crunched through the newly fallen leaves on the group.



They have also been reading lots of autumn stories, including Owl Babies. The children had a wonderful time role-playing the story; taking it in turns to be the different characters in the book. They have also painted their own baby owl family in the creative area and learnt lots of facts about owls. Did you know that owls can turn their heads almost all the way round?

Season - Autumn

The season after summer and before winter, in the northern hemisphere from September to November and in the

southern hemisphere from March to May.

"The countryside is ablaze with colour in autumn"



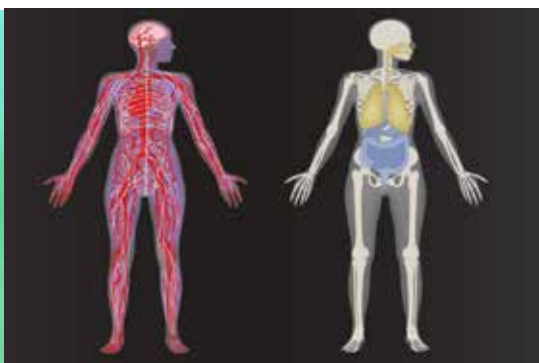


The Human Body

As part of our science topic this term, Year 1 have been learning about our bodies focusing on our senses. In small teams, the children were asked to draw around a member of the group and label the basic parts of the human body. They were given some post-it notes with key words and then used their expertise to add in extra labels.



They also participated in the 'smelling circus' where the children were given 4 mystery containers to investigate. They liked sharing their opinions and guesses before the big reveal.



Did You Know?

The human body is a single structure but it is made up of billions of smaller

structures of four major kinds: cells, tissues, organs, and systems.



Outdoor Science

Year 2 enjoyed a wonderful visit to Mont Orgueil castle at the end of September. Each class had the opportunity for a tour around the castle grounds and were able to use all their history knowledge from the classroom to identify the different parts of the castle. We saw the different gates, battlements, murder hole and the Thomas Bell. We pretended to be French soldiers and tried to get through the variety of gates. 2T were lucky to visit on a day when a local falconer was at the castle; they were able to meet a Harris Hawk called Sovereign. Huge thanks to Helen Otterwell and JP from Jersey Heritage for their expertise.



Jersey Heritage

Is an independent trust in Jersey which is responsible for the island's major historic sites, museums, and public archives. It holds collections of

artefacts, works of art, documents, specimens, and information relating to Jersey's history, culture, and environment.



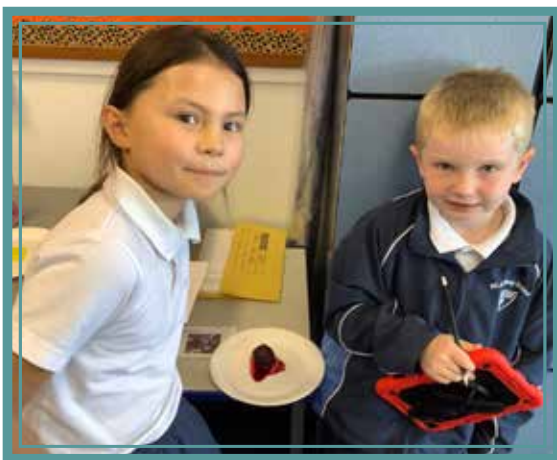


Article 28

Stone Age to Iron Age

In Year 3 our topic in Creative is The Stone Age to Iron Age. We have learned to place events in chronological order and have had lots of fun looking at sources of evidence and comparing Stone-Age and modern-day materials.

In the past, paintings and drawings were the only way of capturing a moment visually. Here we are investigating what Stone Age people would have used to create their cave paintings.



Did You Know?

Stone Age to Iron Age covers around 10,000 years, between the last

Ice Age and the coming of the Romans.

Year 4 Science

Human Digestive System



In Science this term, Year 4 had a great time learning all about the digestive system. To help the children understand about the digestive system, they recreated the process using a variety of different resources. They used a plastic bag for the stomach, tights for the small intestine and a cup for the large intestine. The liquid that the children were able to squeeze out of the tights represented the vitamins and minerals that the body absorbs from the process.

Did You Know?

The human digestive system consists of the gastrointestinal tract plus the accessory organs of digestion. Digestion involves the

breakdown of food into smaller and smaller components, until they can be absorbed and assimilated into the body.





Article 28

Materials

In Science this term, Year 5 have been learning all about materials. They were given the task of creating a water slide that held 500ml of water, a Lego person and it had to be waterproof. The children only had 15 minutes to complete this task! The children were only given a small number of resources. They were: sponge, foil, bin bag and some masking tape. It was very difficult to make sure that the slide held the weight of the water and stood upright, so that the Lego man went down the slide. Some groups were more successful than others!



Did You Know?

Materials can be classified into four main groups: metals, polymers,

ceramics, and composites.

Electricity Topic

This term in Year 6, the children have been enjoying their topic about electricity. They started the topic learning about the importance of electrical safety and the children created posters to share with the younger members of the school. The children moved on to learning about how batteries work. Then they learnt how to create a complete circuit so that the electrons can flow and power any of the components within the circuit. Using this information, the children were challenged to create a burglar alarm, which included a bulb and buzzer to attract attention. All of the children showed their FCJ resilience and identified that the tin foil that was provided helped them to make a switch and complete the circuit, when both pieces of foil connected.



Did You Know?

Electricity is the presence or flow of charged particles. An electric current is the flow of electrons around

a circuit. Static electricity is the build up of electrons on an insulator.



Headteacher's Award



CONGRATULATIONS!

**Congratulations to the pupils who have
received this award.**

We are very proud of you all!



Article 29



The Standard Chartered Jersey Marathon



High quality prints will be available to purchase soon on ParentMail.

The Standard Chartered Jersey Marathon



The race, which is split into three categories, Marathon, Relay Race and Marathon Mile (previously the 3K Fun Run), attracted some 2,700 runners in 2019, with over 50% of marathon runners coming from off the Island.

A special congratulations to Mila Clarke who won the 6-8 category.



Sunday 3 October 2021

The Standard Chartered Jersey Marathon



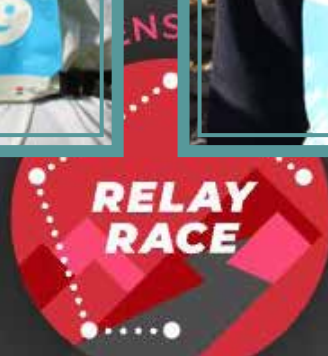
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The Standard Chartered Jersey Marathon



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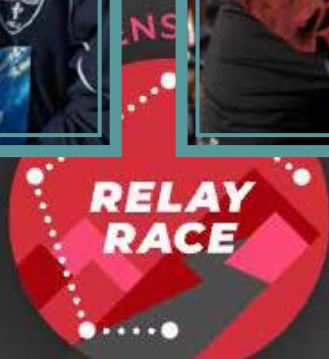


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The Standard Chartered Jersey Marathon



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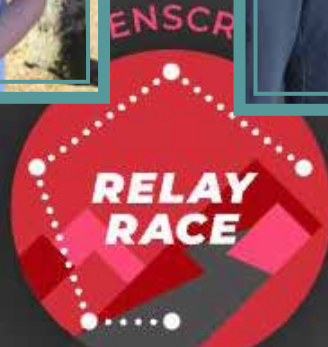
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Victorian Day 2021



Victorian Day 2021

Our Year 6 Victorian Day was a huge success - if not a little petrifying! The children gained an insight into life as a Victorian school child and participated in a range of activities including: drill, vocabulary warm-ups, arithmetic and an object lesson all about apples! It was a great day and the children fully immersed themselves into the experience despite having very little fun! There were many occasions when they were made to chant: 'School is not a place for merriment!' Ma'am and Sir were incredibly strict, and various punishments were given out.



Cross Country



CONGRATULATIONS!

**Congratulations to the pupils who took part.
We are very proud of you all!**



We invite you to join us in this
prayer for creation



#COP26

The Climate Change Conference hosted by the UN
Glasgow 1-12 Nov 2021

THE SISTERS, FAITHFUL COMPANIONS OF JESUS
& FCJ COMPANIONS IN MISSION

WWW.FCJSISTERS.ORG
#FCJ201
@FCJSISTERS



Prayer for Creation

Creator God, we give thanks for the wonderful gift of creation and your presence in every part of it.

As we seek to widen our circle of love, help us to rediscover the value, unity and sacredness of all that exists.

We seek forgiveness for the ways in which our actions and choices have damaged the earth, affecting the climate, destroying diversity, and impacting the lives of the poorest of our sisters and brothers.

In your love, lead us into solidarity and companionship, inspire our leaders to courageous decisions, and grant each of us the wisdom and commitment to act.

May we treasure earth's resources, work to reduce our impact on the climate and be open to a conversion of heart and lifestyle.

Amen



FCJ PRIMARY NEWS

ParentMail

Please ensure that you have set up your ParentMail account.

Bookings for the wrap around service will shortly be available. More information will be sent via a ParentMail



Fond Farewell

As you already know, we said a very fond farewell to Ms Pastorelli in the summer, as she left FCJ to embark on an exciting new business venture. As she prepared for this new venture, we were delighted that Ms Pastorelli was able to make a temporary return to her position in September, whilst our new school administrator, Mrs Barraclough fulfilled her notice requirements.

Ms Pastorelli has always had a passion for sewing. Some of our children enjoyed taking part in her after school Sewing Club which ran for several terms, producing the most adorable dolls! During our production of The Lion King, Ms Pastorelli was our (very accomplished) Chief Wardrobe Mistress and had the incredible opportunity, along with

Ms Lenzi to have a backstage tour at the London West End production of the show. At this tour, Ms Lenzi and Ms Pastorelli got a close up view of the amazing costumes and were able to chat to some of the wonderful creative Lion King staff. You would have seen the Lionesses gold costumes onstage designed by Ms Pastorelli and executed by a gifted team of volunteers! It was an opportunity too good to miss, for Ms Pastorelli to branch out and follow her lifelong passion. Following many years as school administrator, Ms Pastorelli will be taking over a sewing and alterations business in St Helier, some of you may have even seen these premises as you exit Sand Street car park!



Ms Pastorelli has asked me to thank all the children and parents at FCJ for making her time here so enjoyable and memorable!

We extend every good wish to Ms Pastorelli as she embarks on this new venture, and look forward to engaging her services ourselves when we are able to stage our next production-hopefully in the not too distant future!

FCJ PRIMARY NEWS

Nut Allergies

Please remember that we are a nut free school. We have several children with extremely severe and even potentially life threatening allergies.

Thank you for your support in keeping all our children safe.



Mustard Seed Shoebox Appeal

A very sincere thanks to all our parents, guardians and children who have taken the time to make up a shoebox for this year's appeal.

As always, we were delighted to be involved in this wonderful charity sending a large number of shoeboxes to many very deserving children. We had over one hundred shoeboxes donated.



Music/Peripatetic lessons

Music lessons, including piano and guitar continue to be taught in school by our wonderful team of peripatetic music teachers.

Please contact Mrs Ó hEarchaí via admin@fcj.sch.je, if you are interested in your child commencing peripatetic music lessons.



No Dogs Please

Please note that dogs are not allowed to be brought onto school premises at any time.



Thank you in advance for your kind cooperation.

FCJ PRIMARY NEWS

Companions at Play Easter Holiday Club

Following the great success of our first summer holiday club, we are delighted to announce that we will also be running an Easter Holiday Club in 2022.

More details and information on booking will be released via Parent Mail soon, but as always, FCJ children who book in the initial stage of the bookings process will be guaranteed a place

Healthy Snacks

Please support us in our efforts to become a healthy school, by only providing your child with wholesome healthy snacks. Fruit and vegetables are ideal. We ask that parents do not send children to school with fatty or sugary snacks such as crisps, sweets or chocolate.



End of Day Collection

Please remember to display your school parking disc and to **turn hazard lights on** to indicate that you are ready to leave.



As you drive towards the barrier, you may be asked to wait to enable pedestrians safe access and exit along this route. Please do be mindful that our youngest children, as well as the Key Stage 2 bus children, use the crossing in front of the minibuses on a daily basis; you may also be asked to wait at this junction until it is safe to continue through the barrier.

Please park where Mr Wheatly or Mr Thorne direct you to. There is a system that we use for parking cars and we appreciate your cooperation in making the end of day collection as safe as possible.



Please Also Remember
DRIVE AS SLOWLY AS POSSIBLE.

FCJ PRIMARY NEWS

Christmas Bazaar

This year, due to ongoing Covid restrictions, we plan to hold the Christmas Bazaar similar to last year.

The children will still have a day to enjoy the Bazaar, wear their own clothes and take part in lots of fun activities!

As we are not yet able to mix year group bubbles, we will schedule each year group their own time slot to attend and enjoy the Bazaar.

This also means that regrettably we will not be in a position to welcome parents to the Bazaar, but we will ensure the children have a fabulous day!



Christmas Productions Dates

Reception Christmas Production 2:00 pm
Friday 3rd December 2021

Yr 1 Christmas production 2.00 pm
Wednesday 1st December 2021

Yr 2 Christmas production 2.00 pm
Tuesday 7th December 2021

KS2 Christmas Production 7pm St Mary
& St Peter Church.
Thursday 2nd December 2021



Christmas Productions

For Pre-School, Reception, Year 1 and Year 2, we hope to welcome a maximum of two adults per child to watch the performance in person, subject to Covid restrictions. If we are able to welcome parents, seats will be socially distanced in the hall and we respectfully require every adult attending to wear a mask for the duration of the performance. Depending on advice from CYPES, we may also ask that only adults who are double vaccinated attend, and that if possible, each adult completes a negative LFT test either the evening before the production or on the morning of the show.



As always, our productions will be videoed and available for purchase, so extended family will also be able to enjoy.

FCJ PRIMARY NEWS

PSA

Due to ongoing Covid restrictions in schools, we have not yet convened our PSA for this academic year.

We would like to offer our most sincere thanks to all the PSA Committee from last year, who worked so hard to support our events in very challenging circumstances. Special thanks go to Mrs Wilson, Chair of the PSA for all her support and dedication throughout her many years of involvement with the PSA.

Mrs Wilson is stepping down from the role as Chair of the PSA this year, so we would love to hear from any parent who might be interested in putting themselves forward for this role.



We hope to resume our regular meetings as soon as Covid restrictions in schools allow us to do so.

We would love to welcome more new parents to the PSA Committee, so please do consider whether you might like to volunteer for a position-you will make your child so proud!

Timely Drop Off & Collection

When dropping your child at the roundabout, please ensure they are ready and exit the car on the left hand side, before walking through the opening to the safe pathway. Please also remember to use the safe pathway, in front of the school building and along the field when entering and exiting the school grounds.

For reasons of safeguarding, children must not arrive at school before 8:00a.m. if attending morning club, or 8:30a.m for normal school drop off, unless an adult waits with them. As a school, we are required to record all children who arrive to school too early or are collected late. Thank you in advance for your kind cooperation.

Marathon Mile Photos

We hope you enjoy looking at these wonderful photos. High quality prints will be available to purchase soon on ParentMail.

Please note, due to GDPR, we are only able to facilitate purchase of photos which include your own child and/or family members.

If parents would like to purchase a group photo with other children, we would require all parents of children in the photo to email their consent for the photo to be purchased to admin@fcj.sch.je

FCJ E-SAFETY NEWS

Squid Game

Squid Game is a South Korean TV series on Netflix. The online Netflix age rating is 16+. Released mid-September it became an overnight success and is now the most popular series on Netflix. The series centres around hundreds of players, all of whom are in debt, to play a series of 6 games, all of which have severe consequences, including serious injury and even death.

Given its popularity, it's no surprise to see the challenges being acted out everywhere: in schools, TikTok memes and challenges, Roblox games etc., so even if children aren't watching the series on Netflix, they will have heard about it from others or online.



Most of the concerns relate to the violence within the TV series, and it really is very violent.

This highlights the importance of setting up profiles on Netflix!

By default Netflix will play the primary profile. This will auto play 18 rated trailers and show content you would not wish your young child to see.

Mr Thorne highly recommends setting up Netflix profiles.
Please find a guide on how to do this here -

<https://help.netflix.com/en/node/264>

Keep An Eye Out



In a TikTok posted on October 11 from MrBeast, he revealed that he will recreate Squid Game in real life if the post gets 10 million likes.

It didn't take long for the video to comfortably surpass that amount, sitting at over 12 million at the time of this Newsletter.

Knowing MrBeast's track record, there's no doubt he'll follow through on the promise now that he's hit the likes goal.

Please take all necessary precautions to protect your child online!



FCJ E-SAFETY NEWS



Evil Santa - YouTube Kids



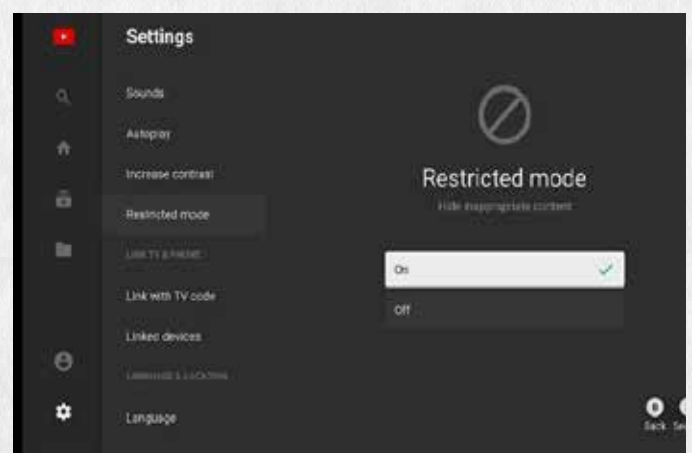
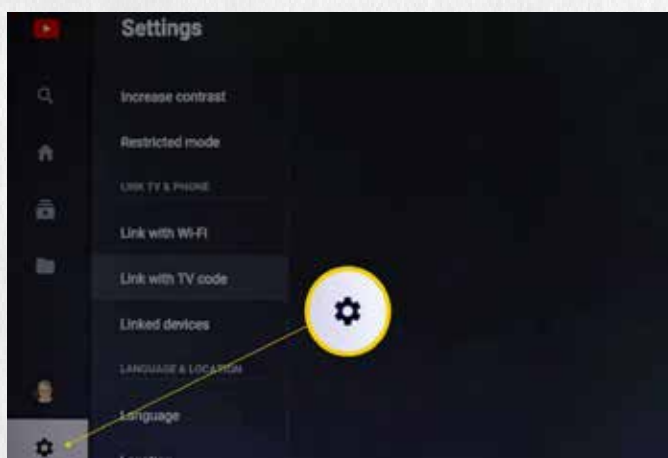
Video on YouTube Kids features “Evil Santa” asking children to stab themselves.

The original version of this was posted by Facebook on November 1st 2021 (has since been taken down) and claims a video on YouTube Kids (a video streaming app much like YouTube only designed specifically for children) is telling children to stab themselves and others, in order to receive Christmas presents; the more people they kill, the more presents they will get.

The original video seems to have been removed, but like the ‘Momo’ videos in 2019, they often tend to reappear.

This again shows the importance to closely monitor what your children are watching on YouTube.

YouTube has three basic settings. Kids, Restricted and Unrestricted. If you have a smart TV at home and during the set-up you entered your email etc. this usually means that your YouTube app will default to unrestricted. Meaning your family on your google account setting will be able to view all content on YouTube.



Within the YouTube app you can open the options and turn your app to “Restricted” making the app much safer. But the odd video can still slip through the net. When this happens, it is always a good idea to flag the video in question helping make YouTube a safer place for other families.

WINTER UNIFORM

The FCJ uniform is an important part of the culture and ethos of our school. Uniform helps ensure equity between students, creating a sense of pride, aspiration and professional identity for our students and for the school. High standards of dress are expected at all times and students must come to school every day in neat, clean uniform as an indication that they take pride in belonging to our FCJ community.

Please ensure that your child has the correct uniform;
we would like to emphasise in particular, that:

- Winter skirts/pinafore dresses are A-line with no pleats, and all skirts and dresses are knee length.
 - Boys' socks are grey and girls' socks or tights are navy blue. Navy blue leggings in place of tights are not permitted.
 - PE socks and trainers are white.
 - Winter hats, gloves, coats are navy blue.
 - Caps for boys and hats for girls are worn every day to and from school.
 - Either the school blazer or a navy raincoat/winter coat can be worn with winter uniform. There is no need to wear both.
 - Only FCJ or plain navy rucksacks are allowed.
 - Teachers will monitor uniform on a daily basis
- In addition, please remember
- LABEL everything! If you don't have time to put labels on, then please write your child's name on their items with a permanent marker/pen. Any items found, that are labelled, will go back to class. Unnamed lost property will be placed in the school lost property box.
 - At the end of every half term, uniform without labels and not reclaimed is given to charity
 - For reasons of health and safety, jewellery may not be worn at school. An exception is made for girls wearing simple, small stud earrings. These must be removed for PE and sport. If this is not possible parents must give written consent for earrings to be worn during PE. In this case, the earrings must be taped over prior to coming to school. We recommend that ear piercings are made during the summer holidays.

You can read the details of our uniform in the School Starter Information Guide Handbook available on our website.

Your continued support in this matter is greatly appreciated.



This year we are launching a new termly JIGSAW Newsletter. We hope you found the Autumn copy a helpful way of finding out what your child will be learning in JIGSAW lessons.

In the Spotlight

We use the JIGSAW scheme of work to deliver the PSHE curriculum (personal, social and health education). These weekly lessons allow the children to explore a variety of topics and enable them to develop skills and strategies to help build and manage their emotions and relationships. The termly newsletters will give you an overview of the themes covered. Every year group follows the same topic each half term and in the Autumn term we focus on 'Being me in my World' and 'Celebrating Differences'.

In Year 2 this half term, one of our lessons focused on the importance of sharing worries. The children thought about how important it is to share a worry with a trusted adult. The children also discovered that when you write a worry down, it doesn't feel quite so big. We made little worry monsters to help us!



WORKSHOP FOR PARENTS

8 Sessions

Tina Hesse (Children and Young People Service Manager) & Christine West (Family Partnership and Programme Worker)

These sessions will explore how, as a parent you can take time to “Pause”

- Better awareness of our needs as a parent and how meet and regulate them.
- To learn the ability to understand someone else’s situation along with our own.
- Lower levels of anxiety and depression.
- Thankfulness for small things in our lives.
- Aiming to reach our potential
- Accepting difference and others.
- Effective thinking and reflection
- Better communication skills
- Next steps to the future



Dates: 12th January 2022 – 9th March 2022

Excluding 23rd February (Half Term)

Every Wednesday

Time: 09:30am – 11:30am

Venue: The Bridge

For more information and to secure your place, please contact the Children & Families Hub

(Please note that there are limited spaces)

Tel: 01534 519000

Email: Childrenandfamilieshub@gov.je



**Government of
JERSEY**

PUPIL OF THE MONTH



CONGRATULATIONS!



**Congratulations to the pupils who have
received this award.**

We are very proud of you all!



Music News

It has been an exciting few weeks of music-making at FCJ in our wonderful Music and Drama Room

Year 2 are learning about pitch and the solfege scale. They have also enjoyed playing lots of games to learn the names of percussion instruments and how to work out which is being played by listening to the timbre.



Years 3 and 4 started learning to play the recorder and were making some beautiful sounds. It certainly takes a lot of concentration and co-ordination!

Contact Us

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