



FCJ Primary School

Autumn 2022



Children in Need

Children In Need fund thousands of charities and projects around the UK and in Jersey. These charities support children and young people to feel and be safer, have improved mental health and wellbeing, form better, more positive relationships and be given more equal opportunities to flourish. FCJ children had lots of fun raising money for this very worthy cause. A HUGE THANK YOU to all the children and parents for their generosity!

Companionship

Companionship is an all-pervading quality present when we work together in an atmosphere of support and love. The dignity of each person is recognised as that of a human being made in the image of God. Everyone is genuinely listened to and what they say is heard. Companionship is breaking the bread of life together as we live God's dream for each one of us more fully. Together we learn; we pray; we laugh and cry.

Great Fun in Pre-school!



All of the Pre-School children have settled in remarkably well and we are very proud of each and every one of them. They have had great fun getting to know each other and learning all about being part of our FCJ school family. We have been outside enjoying our wonderful outside area playing on the bikes and making dens! Pre-School have been learning all about Autumn and mini beasts! We are looking forward to a wonderful year ahead.

People Who Help Us



Pre-School are well and truly settled into school life and are getting very familiar with their new surroundings. We have been learning all about people who help us as we had the nurses come in to do our nasal flu vaccine as well as it being Remembrance Day. It's unsurprising that the topic of 'people who help us' is so essential in making Pre-School feel more comfortable in the big wide world. From firefighters to nurses, police officers to their very own teacher, we've been learning through a range of imaginative activities such as making police bikes, fire engines and our very own traffic lights to spark discussion about helpful people in everyday life.



AUTUMN CRAFTS AND COOKERY.



Reception have been learning all about the season of Autumn. They went on an Autumn walk and looked at the changing colours of the trees all around us. They collected different shapes and colours of leaves, apples and fallen sycamore seeds or helicopters. They used the collected items to create some beautiful autumn crafts and enjoyed apples rolling in paint. They also used some lovely, harvested apples to create very tasty apple crumbles!

ADVENT!



Reception has had a busy few weeks learning all about the season of Advent and how we prepare for Christmas. The children all made their own Advent wreath and learnt about the importance of each candle. They also talked about why we make an Advent promise; how a little change can make a big difference. The children have learnt the Christmas story and all about the special visitors that Jesus received whilst in the stable.



Seaside Topic

As part of our At the Seaside topic, the children had a mystery treasure chest delivered to their class. Inside was a letter from a diver called Dillon. He told us he liked to explore new places under the sea and oceans. We had lots of fun exploring and talking about the objects in the box!





Jersey Dairy



This term Year one went on a trip to Jersey Dairy. We enjoyed walking around the dairy learning about the process 'From Grass to Glass.' We learnt that Jersey Dairy has 13 dairy farms in the Island with herd sizes ranging from 40 to 400 cows. The average Jersey cow produces 144 servings of milk each day!

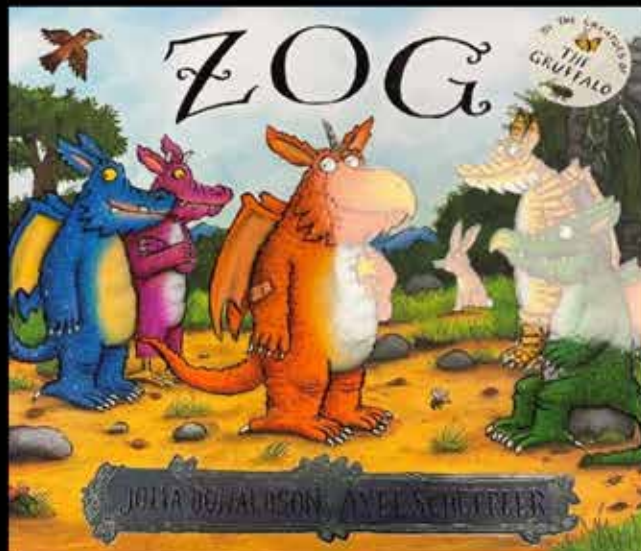
CASTLES AND DRAGONS



As part of their Castles and Dragons topic, the children have enjoyed reading a variety of books and have written descriptive character profiles. They especially enjoyed the books about the resilient dragon called 'Zog'.

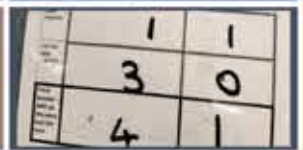
The children were able to include nouns, adjectives and even an expanded noun phrase in their writing!

Well done Year 2!



Challenging Maths

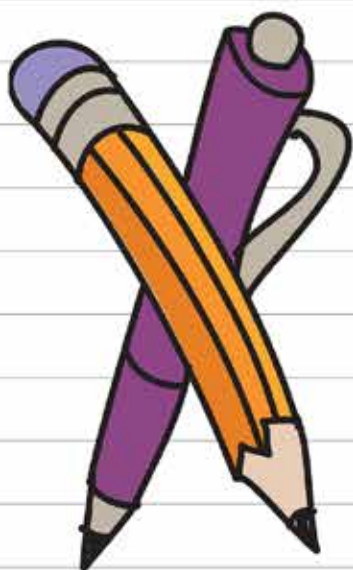
In Year 2 we have been learning about column addition and subtraction. We have been using our new maths equipment to learn about expanded addition and how to exchange a ten for ten ones in subtraction! It is a very challenging concept to learn but we are persevering and understand that we need to be resilient; sometimes our learning takes time and effort.



We also went to 16 New Street Georgian House to see how a traditional Christmas was celebrated. We stirred a traditional Christmas plum pudding, helped lay the table for the lady of the house, danced a traditional 18th century dance in the drawing room and heard the famous poem, 'T'was the Night Before Christmas' by a beautifully decorated Christmas tree.



In Year 3 we have been developing our composition skills in English. Our teachers have used bubbles in class to inspire us and help get our creative minds going. We have been busy developing the skills of planning, writing and editing our own fantasy stories, using the grammar lenses. We have been working hard to make our writing more exciting by adding alliteration, adverbs, adjectives and similes. Being an author is lots of fun!



School Trip

La Hougue Bie

Year 3 enjoyed a wonderful visit to La Hougue Bie to learn more about life in the Stone Age. They had the opportunity to handle replica Stone Age tools and to think about how they would have been used.

The children visited the amazing Longhouse built by the volunteers at La Hougue Bie. One volunteer even showed us how they would have lit a fire during the Stone Age. It looked very difficult! The children also had the opportunity to polish a piece of flint and to grind small pieces of grain. We all agreed it was very hard work!

Year 3 was also very fortunate to go inside the huge mound at La Hougue Bie to visit the dolmen. It was very dark and damp in there and they had to crouch down to reach the main chamber.

A wonderful visit was had by all and they came away with a greater understanding having experienced what life would have been like in the Stone Age.



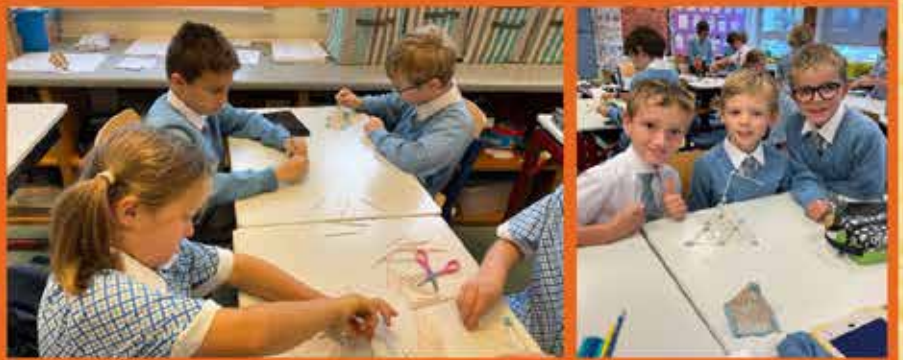
The Annunciation & The Visitation

In Year 3 we have been learning all about Advent and have studied 'The Annunciation' as well as 'The Visitation'. We have reflected on this special time of year and have been thinking about Mary and how she would have been feeling. We have thought about questions we would have asked her, we have enjoyed hot seating activities as well as engaging in creative writing activities. We enjoyed writing a postcard to Elizabeth from Mary's perspective. We understand that Advent is a time to prepare. In Year 3, we are working together to prepare by being good companions, helping each other, being kind to one another as well as being brave when faced with challenges.



EGYPTIAN DAY

Year 4 hosted an Egyptian Day to launch their new creative topic on the Egyptians. The day consisted of a variety of activities where the children made Egyptian bread, created their own 3D pyramids, took part in Egyptian dancing, and learnt about the Egyptian lifestyle. They enjoyed creating their own pictures of the pharaohs because they were able to choose between a variety of mediums to enhance their picture



YEAR 4

Digestive System

In Science this term, year 4 had a great time learning all about the digestive system. To help the children understand about the digestive system, we recreated the process using a variety of different resources. We used a plastic bag for the stomach, tights for the small intestine and a cup for the large intestine. The liquid that the children were able to squeeze out of the tights represented the vitamins and minerals that the body absorbs from the process.



Year 4

Roman Day

The children took part in a Roman Day where they researched key figures and places from Ancient Rome, designed their own Roman shield and marched like a Roman army. The children made a massive effort with their costumes, they all looked super!

They enjoyed working in groups showing FCJ Companionship to learn about an aspect of the Roman times in depth. They then taught the rest of the class and shared what they had learnt.



Year 5 - Science & Water

In Science, Year 5 have been learning all about materials. The children were given the task of creating a water slide! The children had to ensure that their design was waterproof and that it would allow a Lego figure to travel successfully as 500ml of water was poured down the slide! The children were given various materials to choose from, with each group initially needing to discuss which would be the best for each part of the slide design. Each group tested their slide and used videos and photographs to record their findings in their new science e-book.



VIKING BOY YEAR 5

In Year 5, we have been studying the text Viking Boy. We have been looking at the character's emotions and how they have changed during the course of the book. When we had finished reading the book, we created a book review and thought about whether we would recommend it to a friend to read. All the children thoroughly enjoyed reading this book because at the end of every chapter there was a cliff hanger moment and we all couldn't wait to read the next part! Some of the children are very excited to read other books written by Tony Bradman.



YEAR 6

EVOLUTION & INHERITANCE



In science, year 6 are currently studying evolution and inheritance.

We created new Mr Men and Little Misses by using the existing characters as would-be parents, and considered which inherited traits they might pass on to their children. Also, as part of our studies, we have looked at

the unsung hero, scientist Rosalind Franklin. She discovered (and photographed) the structure of DNA in the 1950's. Through her ground-breaking image, called 'Photograph 51', Franklin was able to identify the structure of DNA as a double helix structure.

We have chosen some of our inherited traits and the specific proteins used to create them. From this information, we have created our own DNA in the classic double helix structure discovered by Rosalind Franklin.



Evolution & Inheritance

In year 6, we rounded off our topic about evolution and inheritance with a beaky bang! Taking a leaf out of Charles Darwin's book, we set out to compare the adaptations of different species on different islands. We found 4 rather unusual new species that Darwin must have missed.



We used the birds 4 different beaks to collect as much 'food' as possible within a certain time. Certain beaks were better suited to eating a certain type of food. This allowed us to see which adaptations were best suited to which island and which type of food. It was a fantastic and practical way to end a unit of learning that the children have enjoyed so much



Pupil of the Month



Article 29

CONGRATULATIONS!

Congratulations to the pupils who have received these awards.

We are very proud of you all!



Children In Need

We Collected £565.72!



Congratulations



A huge congratulations to all the pupils who have been voted into our new School Development Squad. There were some fantastic speeches, and we cannot wait to hear all their ideas to develop FCJ. We have some exciting projects to work on this year and look forward to sharing these with you.

School Development Squad

COP27



The Year 6 representatives from our School Development Squad recently took part in an online global conference about COP27. It was called 'Instruments of Hope' and brought together many Catholic schools from around the world. This links to Article 29 of the United Nations Convention on the Rights of the Child: education must allow children to respect the environment. They were fantastic ambassadors for our school and were some of the youngest delegates in attendance. It is so powerful to listen to the voice of young people in matters that concern them (Article 12).

The pupils said:

Harry:

It was great to get to hear other peoples' suggestions and what they think about COP27. I enjoyed working with other schools and learning about how to protect the environment and make a difference.



Rebecca:

Even though some people weren't invited to speak, you could still take part in the chat. You could interact through the whiteboard and discussion functions. I think we need to prioritise Waste Free Wednesdays to reduce the number of plastics wasted. We could educate people about how to reduce waste, such as composting and using re-usable containers.

Emilie:

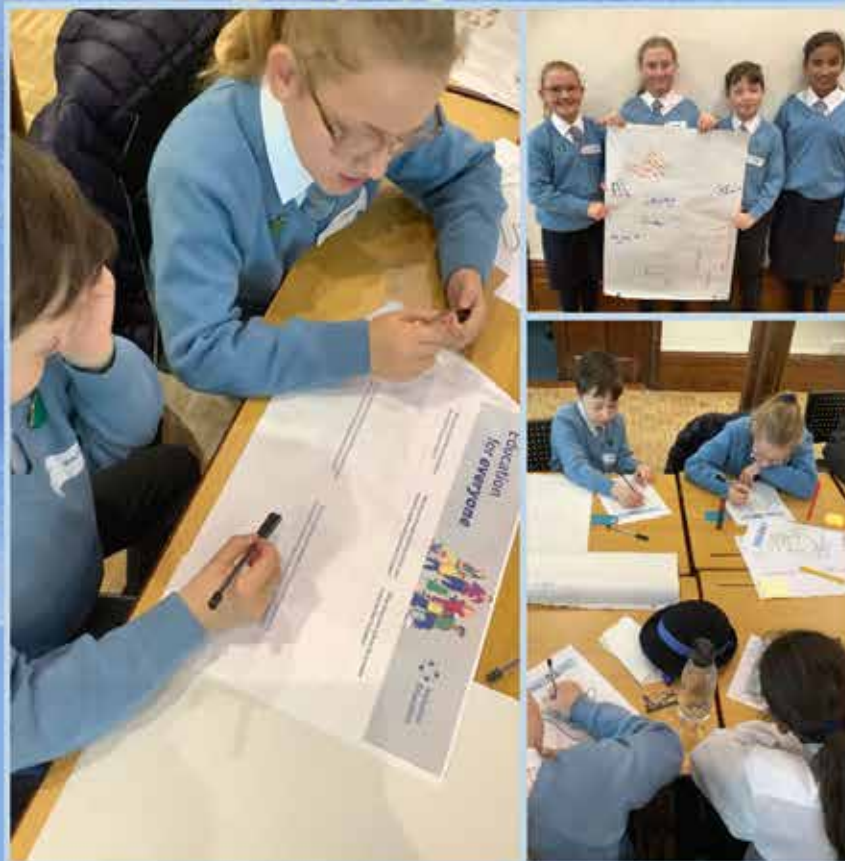
It was really good because we were able to work with schools around the world about what different countries are doing about climate change and comparing with what we are doing. It is important for children to be involved and have a say in what we thought was good for the environment.

Olivia:

In Jersey, we have much higher greenhouse gas emissions than I realised. I have much more appreciation for the environment and global warming. It was a safe environment in which to share your ideas and be heard.

School Development Squad

School Council Network Meeting



School Development Squad were recently invited to a School Council Network Meeting. Four Year 5 members represented the views of our FCJ pupils. We shared our ideas with other schools about what inclusion means and what it looks like in our school. We understand that some children need additional support (for additional physical or learning needs) and that Article 23 says this must be done in a dignified way (one of our core values!). The meeting also supported Article 12, with children having the opportunity to share their response to themes that the education system are working on. We shared strategies for how the government can work towards an education that includes everyone. The children were superb representatives for FCJ.

Pupil of the Month



CONGRATULATIONS!

Congratulations to the pupils who have received these awards.

We are very proud of you all!



An exciting opportunity:

All FCJ pupils aged 8+ are invited to become a member of the Youth Advisory Group at the Office of the Children's Commissioner in Jersey.

The group members have a role of advising, guiding, and challenging the work of the Commissioner, this is through sharing their views/experiences so that we can understand the challenges faced by children and young people in Jersey, complimenting the work we are already doing as a Rights Respecting School. This links to Article 12: your right to have a say and be involved in decisions that concern you.

If you would like this opportunity, you will find a leaflet on this link below to give you more information about how to sign up.

<https://www.childcomjersey.org.je/media/1637/yag-leaflet.pdf>



Congratulations

Congratulations to our new team of Digital Leaders! These pupils will be using their knowledge and expertise to share new ideas and support in Computing lessons. We look forward to seeing them in action in their new roles!



Head Teachers Award December



CONGRATULATIONS!

Congratulations to the pupils who have received these awards.

We are very proud of you all!



Article 29



Dreaming Trees – free resources available in January

In February half term, you will be able to see trees in a whole new light at a series of free community events.

Leading up to this, free curriculum linked resources supporting English, Art and Design, Music and Science (biology and physics) will be available for all key stages, along with a competition for different age groups.

The Government of Jersey's department for Infrastructure, Housing and Environment (IHE) is delivering this project with the aim of getting people outside and into the parks this winter.

The project will also provide an opportunity to learn more about trees and the exciting scientific research that shows how trees communicate and share resources across a 'wood wide web'. This has been led by Dr Suzanne Simard (leader of the Mother Tree Project and author of Finding the Mother Tree) whose work will be referenced in the curriculum pack.

More information will follow but if you would like to register interest, please contact Emma Richardson-Calladine who is working with

IHE: emma@wavingback.co.uk

Dreaming Trees

— February 2023 —

We are planning a series of very special community events in February half term that will show trees in a new light!

This will be an opportunity to get outside in the parks this winter and learn more about our trees and the scientific research that proves how trees communicate and share resources across a 'wood wide web'.

In January, a set of free curriculum linked resources will be available along with a competition for different age groups.

- For all Key Stages
- Free resources to support the English, Art and Design, Music and Science (biology and physics) curriculum
- Learn about the local environment
- Celebrating the scientific research of Dr. Suzanne Simard, mothertreeproject.org

More information to follow.

To register interest, contact emma@wavingback.co.uk



Government of
JERSEY

Well-Being & Positive Mental Health

**FCJ Mental Health First Aiders:
Ms D. Lenzi & Mrs L. Lucken**

FCJ Well-being Lead: Mr L. Douse

Mr Douse (Wellbeing Lead) commenced his parental leave in September 2022. Prior to this, he liaised with the Anna Freud Centre (AFC) on behalf of FCJ to discuss the results of the survey "Supporting school/college mental health and emotional wellbeing in Jersey: self-review tool" which all Jersey schools completed. The results provided opportunities to discuss the overview of the data and identify any school actions to support wellbeing. The 'wellbeing measurement for school staff report' helps schools to understand the wellbeing of staff, how they feel about the support systems in school, their knowledge of mental health and wellbeing and their confidence to support pupils. The outcome of the report enables schools to compare their staff team with others, which helps to better understand your own staff and identify strengths and areas for development.

When the AFC Facilitator was discussing the results of the FCJ self-review, she told Mr Douse that she was very excited to have had the opportunity to have FCJ in her selection of schools to feedback to. The Facilitator explained that 93% reported 'medium' or 'high' wellbeing. She had never seen a percentage this high and commended every single member of the FCJ family for their efforts on providing the unique environment that enabled staff to feel so happy within their place of work.



FCJ PRIMARY NEWS

Nut Allergies

Please remember that we are a nut free school. We have several children with extremely severe and even potentially life threatening allergies.

Thank you for your support in keeping all our children safe.



Healthy Snacks

Please support us in our efforts to become a healthy school, by only providing your child with wholesome healthy snacks. Fruit and vegetables are ideal. We ask that parents do not send children to school with fatty or sugary snacks such as crisps, sweets or chocolate.

ParentMail

Please ensure that you have set up your ParentMail account.

Bookings for the wrap around service will shortly be available. More information will be sent via a ParentMail



Play Equipment



Remember next year, please do not allow your child to use the play equipment at the beginning or end of the school day, as it is only insured for use during school-time.

FCJ PRIMARY NEWS

End of Day Collection

Please remember to display your school parking disc and to turn hazard lights on to indicate that you are ready to leave.

As you drive towards the barrier, you may be asked to wait to enable pedestrians safe access and exit along this route. Please do be mindful that our youngest children, as well as the Key Stage 2 bus children, use the crossing in front of the minibuses on a daily basis; you may also be asked to wait at this junction until it is safe to continue through the barrier.

Please park where Mr Wheatly or Mr Thorne direct you to. There is a system that we use for parking cars and we appreciate your cooperation in making the end of day collection as safe as possible.



Companions at Play Easter Holiday Club



Following the great success of our summer holiday club, we are delighted that we will also be running an Easter Holiday Club in 2023.

More details and information on booking will be released via Parent Mail soon, but as always, FCJ children who book in the initial stage of the bookings process will be guaranteed a place

FCJ PSA

We are excited to reconvene our PSA meetings in January. Mrs Miles has very kindly agreed to continue as Chair of this wonderful group.

We would love to hear from parents who might be interested in continuing on the PSA Committee, along with new parents who would like to put themselves forward for this role. We would love to welcome more new parents to the PSA Committee, so please do consider whether you might like to volunteer for a position-you will make your child so proud!

FCJ PRIMARY NEWS

Timely Drop Off & Collection

When dropping your child at the roundabout, please ensure they are ready and exit the car on the left hand side, before walking through the opening to the safe pathway. Please also remember to use the safe pathway, in front of the school building and along the field when entering and exiting the school grounds.

For reasons of safeguarding, children must not arrive at school before 8:00a.m. if attending morning club, or 8:30a.m for normal school drop off, unless an adult waits with them. As a school, we are required to record all children who arrive to school too early or are collected late. Thank you in advance for your kind cooperation.



No Dogs Please

Please note that dogs are not allowed to be brought onto school premises at any time.

Thank you in advance for your kind cooperation.



Music/Peripatetic lessons

Music lessons, including piano and guitar continue to be taught in school by our wonderful team of peripatetic music teachers.

Please contact Mrs Ó hEarchaí via admin@fcj.sch.je, if you are interested in your child commencing peripatetic music lessons



FCJ PRIMARY NEWS

Congratulations

We received the wonderful news that Mr and Mrs Noble have recently welcomed their beautiful baby boy, Oliver. We were also delighted to learn that Mr and Mrs Douse also welcomed a beautiful baby boy, Albert in September. Both mums and babies are thriving and we are delighted to welcome these very special babies as the newest members of the FCJ Family.



Congratulations Mrs Inglis & Mrs Morris!

Congratulations to Mrs Inglis who has successfully passed her National Professional Qualification for Headship (NPQH) Award! Congratulations also go to Mrs Morris for her successful completion of the National Professional Qualification for Senior Leaders (NPQSL) Award and the NASENCO (National Award for SEN Coordination). The NASENCO Award is a Masters-level accreditation is awarded by the University of Winchester and has comprised training opportunities by local and UK practitioners. The university-style lectures were based on supporting pupils with additional needs, the importance of pupil and parent voice, the history of SEN, SEN policy and procedure, diagnostic and assessment tools, inclusive practice, categories of SEN and the role of the SENCO. Mrs Morris is looking forward to working alongside Mrs Inglis, FCJ SEN Lead, to further develop her skills and expertise in this important area.

The tireless efforts by both these senior members of staff have brought many benefits to the school, most importantly



FCJ PRIMARY NEWS



Triple P Programme

The programme offers ideas to help deal with the big and small parenting challenges that are part of family life. Triple P does not tell you how to be a parent but offers a range of strategies for you to choose the ones that fit your family.

Triple P information: <https://www.gov.je/>

The Bridge Child and Family Care

Strengthening Families & Communities. Building Communities where children and young people are valued and parents are supported.

A multi-service provision for families and young people.

The Bridge provides access to a range of statutory and voluntary services in one building

Information here: <http://www.jod.je/kb5/jersey/directory/service.page?id=PJg2SEJEjFg>

Wellbeing and Educational Psychologist Helplines

<https://www.gov.je/health/coronavirus/educationchildcare/pages/psychologywellbeingsservicecoronavirusresponse.aspx>

Children and Families Hub

<https://www.gov.je/Caring/ChildrenAndFamiliesHub/pages/childrenandfamilieshub-homepage.aspx>

MIND Jersey

<https://www.gov.je/Caring/Organisations/Pages/MindJersey.aspx>

Other support

• Other support available can be found in the Jersey Online directory:

<http://www.jod.je/kb5/jersey/directory/home.page>



Mums Meet

With  Mind Jersey

Fridays 11am-1pm
Pips Place

Our Perinatal Support service is offering a supported drop-in group for Mum's & expectant Mum's

Being a mum can often be challenging, if you are feeling low or feel that you are struggling right now, our 'Mums Meet' groups offer mums a safe and non-judgemental space to meet and learn from other mums, ask questions and connect with likeminded mums who get it!

We have plenty of space with various toys and invite mums to attend with or without their little ones, its completely up to you!

Come join us for a cuppa and a chat.



**Stay
updated**





Parent Support Group

At Mind Jersey we understand the enormous challenge of parenting a child with mental health issues and the essential role you play supporting your child through these challenges.

“ We know that when a parent is supported its more likely that their child will be too. ”

Our closed Facebook community offers you a safe, non-judgmental space to explore your feelings about your child's mental health, ask questions and learn from parents who are also experiencing difficulties with their child's mental health, and connect with likeminded parents who get it!

Visit us here



@mindjerseyparentsupportgroup



07829 933929



admin@mindjersey.org



Cross-Country

At the beginning of November, we took some children from Year 5 and 6 to Les Quennevais, this was to take part in the Primary School Cross-Country event. It was a wet and rainy day but the children were in high spirits! When they all arrived at Les Quennevais they walked around the route to familiarise themselves. The Year 5 girls started off the races and overall came 12th. The Year 5 boys were next and came 17th overall. The Year 6 girls came 10th and the boys came 21st. All children should be very proud of their achievements and they thoroughly enjoyed their afternoon.



Netball

The Year 6 Girls Netball Team has also had a successful start to their term of matches. All the girls are on a rotation basis and will play a variety of positions throughout each of the 30 minute matches. This means that the girls can grow in confidence in more than one position.

The girls have played two matches so far and have won them both. Mrs Barraclough and Miss Megaw are so proud of the girls, they turn up every week to training and are always willing to give it a go. We hope our winning streak will continue into the Spring Term!



Football



The FCJ Year 5 and 6 football team got off to a cracking start during their Autumn league fixtures! The weather held off for our first match as we welcomed St John to our FCJ pitch. The children had great communication skills and were consistently praising each other. The children won their first match against St John, 5-1. We are looking forward to the rest of our fixture matches as well as some trophy ones too.

Well done to the Year 5 and 6 football club who won their first trophy match against St Luke's Primary School. We were losing at half time but ended up winning 5-3. We are already practising for our next game in the quarter finals.



On Sunday 2nd October, we welcomed over 60 FCJ children and parents to the Weighbridge to take part in the Marathon Mile. We were blessed that it didn't rain until after the event! It started at the Weighbridge and went around the streets of St Helier for one mile. It was so lovely to see all the children and adults thoroughly enjoy this event. It was a huge success and we are already looking forward to next year!



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